



December 2025

Daily Menu



<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>1</u> <u>Breakfast</u> Whole Grain Cheerios Mixed Fruit *Unflavored Whole/ Skim Milk <u>Lunch</u> Make Your Own Ham & Cheese Wraps Carrots/ ** Green Beans Whole Grain Tortilla Wraps Sliced Apples *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Graham Crackers Cheese Slices Water	<u>2</u> <u>Breakfast</u> Applesauce Whole Grain French Toast Sticks *Unflavored Whole/ Skim Milk <u>Lunch</u> Seasoned Pulled Pork Tossed Salad w/Dressing **Carrots Seasoned Rice Bananas *Unflavored Whole/ Skim Milk <u>Snack</u> Apples Whole Grain Ritz Crackers Water	<u>3</u> <u>Breakfast</u> Diced Pears Whole Grain Waffles *Unflavored Whole/ Skim Milk <u>Lunch</u> Beef Tacos w/Tomatoes Shredded Cheese & Lettuce Whole Grain Tortilla Wrap Applesauce Cooked Corn *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Educational Crackers Peaches Water	<u>4</u> <u>Breakfast</u> Whole Grain Kix Peaches *Unflavored Whole/ Skim Milk <u>Lunch</u> Chicken Salad Celery **Red Beets Apples Whole Grain Crackers *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Soft Pretzel Sticks Applesauce Water	<u>5</u> <u>Breakfast</u> Bananas Whole Grain Corn Chex *Unflavored Whole/ Skim Milk <u>Lunch</u> Chicken w/Diced Tomato and Rice Cooked Green Beans Sliced Apples *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Animal Crackers Cheese Slices Water
<u>8</u> <u>Breakfast</u> 100% Orange Juice 100% Whole Wheat Bread *Unflavored Whole/ Skim Milk <u>Lunch</u> Make Your Own Turkey & Cheese Sandwiches Carrots/ **Peas Whole Wheat Bread Pineapple *Unflavored Whole/ Skim Milk <u>Snack</u> Applesauce Whole Grain Blueberry Lemon Crisp Cracker Water	<u>9</u> <u>Breakfast</u> Bananas Whole Grain Rice Krispies *Unflavored Whole/ Skim Milk <u>Lunch</u> Chili w/Ground Beef, Kidney Beans & Rice Tossed Salad w/Dressing/ ** Carrots Bananas *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Goldfish Crackers Applesauce Water	<u>10</u> <u>Breakfast</u> Whole Grain English Muffins Bananas *Unflavored Whole/ Skim Milk <u>Lunch</u> Macaroni & Cheese Red Beets Whole Grain Crackers w/Soy Butter **Cheese Slices Applesauce *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Animal Crackers Oranges Water	<u>11</u> <u>Breakfast</u> Whole Grain Life Cereal Oranges *Unflavored Whole/ Skim Milk <u>Lunch</u> Ground Beef w/Pasta Green Beans Whole Wheat Dinner Rolls Apples *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Cheese It Crackers Cheese Slices Water	<u>12</u> <u>Breakfast</u> Applesauce Whole Grain Pancakes *Unflavored Whole/ Skim Milk <u>Lunch</u> Fajita Chicken w/Pepper & Onion Rice Corn Pears Whole Grain Tortilla Wraps *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Graham Crackers w/Soy Butter Water



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<u>15</u> <u>Breakfast</u> Whole Grain Cheerios Bananas *Unflavored Whole/ Skim Milk <u>Lunch</u> Make Your Own Ham & Cheese Wraps Carrots / **Peas Whole Grain Tortilla Wraps Mixed Fruit *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Tostado Chips w/Shredded Cheese Water	<u>16</u> <u>Breakfast</u> Diced Pears Whole Grain Bagels *Unflavored Whole/ Skim Milk <u>Lunch</u> Egg Patty w/Cheese on a Whole Grain English Muffin Diced Potatoes Bananas *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Educational Crackers Cheese Slices Water	<u>17</u> <u>Breakfast</u> 100% Orange Juice Whole Grain Pancakes *Unflavored Whole/ Skim Milk <u>Lunch</u> Seasoned Pulled Pork Tossed Salad w/Dressing **Carrots Seasoned Rice Applesauce *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Whole Grain Blueberry Lemon Crisp Cracker Oranges Water	<u>18</u> <u>Breakfast</u> Bananas Whole Grain Corn Chex *Unflavored Whole/ Skim Milk <u>Lunch</u> Chicken Barbecue On a Whole Wheat Bun Cooked Carrots Oranges *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Hard Pretzels Apples Water	<u>19</u> <u>Breakfast</u> 100% Orange Juice Whole Grain Corn Flakes *Unflavored Whole/ Skim Milk <u>Lunch</u> Turkey Cubes and Cheese Slices Four Bean Salad Peaches Whole Grain Dinner Rolls *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Graham Crackers Bananas Water
<u>22</u> <u>Breakfast</u> Applesauce Whole Grain French Toast Sticks *Unflavored Whole/ Skim Milk <u>Lunch</u> Make Your Own Ham & Cheese Wraps Carrots / **Green Beans Sliced Apples Whole Grain Tortilla Wraps *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Ritz Crackers Cheese Slices Water	<u>23</u> <u>Breakfast</u> Whole Grain Kix Cereal Mixed Fruit *Unflavored Whole/ Skim Milk <u>Lunch</u> Scrambled Eggs w/Cheese, Peppers & Onions Diced Potatoes Pancakes Apples *Unflavored Whole/ Skim Milk <u>Snack</u> Applesauce Whole Grain Goldfish Crackers Water	<u>24</u> ALL LVCC CENTERS ARE CLOSED	<u>25</u> ALL LVCC CENTERS ARE CLOSED	<u>26</u> ALL LVCC CENTERS ARE CLOSED



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<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<p><u>29</u> <u>Breakfast</u></p> <p>Whole Grain Life Cereal Apples *Unflavored Whole/ Skim Milk</p> <p><u>Lunch</u></p> <p>Turkey Cubes & Cheese Slices Carrots / **Green Beans Pineapple Tid-bits Whole Grain Crackers *Unflavored Whole/ Skim Milk</p> <p><u>Snack</u></p> <p>Whole Grain Cheese It Crackers Cheese Slices Water</p>	<p><u>30</u> <u>Breakfast</u></p> <p>Toasted Whole Wheat Bread Applesauce *Unflavored Whole/ Skim Milk</p> <p><u>Lunch</u></p> <p>Fajita Chicken w/ Pepper & Onions Rice Peas Oranges Whole Grain Tortilla Wraps *Unflavored Whole/ Skim Milk</p> <p><u>Snack</u></p> <p>Whole Grain Cinnamon Crisp Crackers Apple Juice</p>	<p><u>31</u> <u>Breakfast</u></p> <p>Whole Grain Cheerios Applesauce *Unflavored Whole/ Skim Milk</p> <p><u>Lunch</u></p> <p>Baked Beans w/Ham Tossed Salad w/Dressing **Peas Applesauce Whole Grain Crackers *Unflavored Whole/ Skim Milk</p> <p><u>Snack</u></p> <p>Whole Grain Ritz Crackers w/Soy Butter Water</p>		