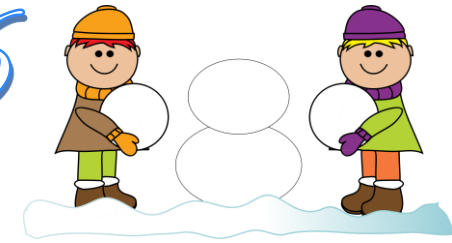




January 2026

Daily Menu

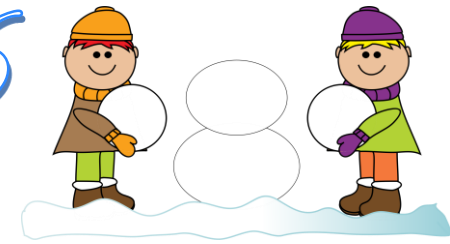


<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
			<p><u>1</u></p> <p>ALL LVCC CENTERS ARE CLOSED</p>	<p><u>2</u> Breakfast Whole Grain Corn Chex Mixed Fruit *Unflavored Whole/ Skim Milk</p> <p>Lunch Chicken w/Diced Tomato & Rice Peas Sliced Apples *Unflavored Whole/ Skim Milk</p> <p>Snack Whole Grain Animal Crackers Cheese Slices Water</p>
<p><u>5</u> Breakfast 100% Orange Juice 100% Whole Wheat Bread *Unflavored Whole/ Skim Milk</p> <p>Lunch Make Your Own Ham & Cheese Wraps Carrots/ **Peas Whole Grain Tortilla Wraps Pineapple *Unflavored Whole/ Skim Milk</p> <p>Snack Applesauce Whole Grain Blueberry Lemon Crisp Cracker Water</p>	<p><u>6</u> Breakfast Bananas Whole Grain Rice Krispies *Unflavored Whole/ Skim Milk</p> <p>Lunch Chili w/Ground Beef Kidney Beans & Rice Cooked Peas Bananas *Unflavored Whole/ Skim Milk</p> <p>Snack Whole Grain Goldfish Crackers Applesauce Water</p>	<p><u>7</u> Breakfast Whole Grain English Muffins Bananas *Unflavored Whole/ Skim Milk</p> <p>Lunch Macaroni & Cheese Tossed Salad w/Dressing **Carrots Whole Grain Crackers *Unflavored Whole/ Skim Milk</p> <p>Snack Whole Grain Animal Crackers Oranges Water</p>	<p><u>8</u> Breakfast Whole Grain Life Cereal Oranges *Unflavored Whole/ Skim Milk</p> <p>Lunch Turkey Cubes & Cheese Slices Celery/ **Green Beans Apples Whole Grain Crackers *Unflavored Whole/ Skim Milk</p> <p>Snack Whole Grain Cheese It Crackers Cheese Slices Water</p>	<p><u>9</u> Breakfast Applesauce Whole Grain Pancakes *Unflavored Whole/ Skim Milk</p> <p>Lunch Ground Beef w/Pasta Green Beans Whole Wheat Dinner Rolls Pears *Unflavored Whole/ Skim Milk</p> <p>Snack Whole Grain Graham Crackers w/Soy Butter Water</p>



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Daily Menu

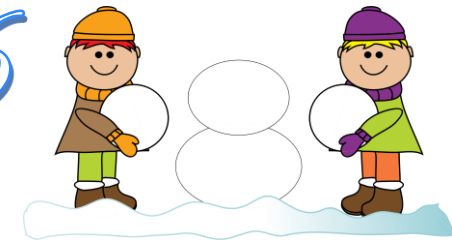


<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>12</u> <u>Breakfast</u> Whole Grain Cheerios Bananas *Unflavored Whole/ Skim Milk <u>Lunch</u> Make Your Own Ham & Cheese Wraps Carrots/ **Peas Whole Grain Tortilla Wraps Mixed Fruit *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Tostado Chips With Shredded Cheese Water	<u>13</u> <u>Breakfast</u> Diced Pears Whole Grain Bagels *Unflavored Whole/ Skim Milk <u>Lunch</u> Egg Patty w/Cheese on a Whole Grain English Muffin Diced Potatoes Bananas *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Educational Crackers Cheese Slices Water	<u>14</u> <u>Breakfast</u> 100% Orange Juice Whole Grain Pancakes *Unflavored Whole/ Skim Milk <u>Lunch</u> Seasoned Pulled Pork Tossed Salad w/Dressing **Carrots Seasoned Rice Applesauce *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Blueberry Lemon Crisp Cracker Oranges Water	<u>15</u> <u>Breakfast</u> Bananas Whole Grain Corn Chex *Unflavored Whole/ Skim Milk <u>Lunch</u> Pulled Chicken Barbecue on a Whole Wheat Bun Cooked Carrots Sliced Apples *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Hard Pretzels Apples Water	<u>16</u> <u>Breakfast</u> 100% Orange Juice Whole Grain Corn Flakes *Unflavored Whole/ Skim Milk <u>Lunch</u> Turkey Cubes and Cheese Slices Red Beets Oranges Whole Wheat Dinner Rolls *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Graham Crackers Bananas Water
<u>19</u> <u>Breakfast</u> Applesauce Whole Grain French Toast Sticks *Unflavored Whole/ Skim Milk <u>Lunch</u> Make Your Own Ham & Cheese Wraps Carrots/ **Green Beans Peaches Whole Grain Tortilla Wraps *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Ritz Crackers w/Soy Butter Water	<u>20</u> <u>Breakfast</u> Whole Grain Kix Cereal Mixed Fruit *Unflavored Whole/ Skim Milk <u>Lunch</u> Scrambled Eggs w/Cheese Diced Potatoes Pancakes Apples *Unflavored Whole/ Skim Milk <u>Snack</u> Applesauce Whole Grain Goldfish Crackers Water	<u>21</u> <u>Breakfast</u> Orange Juice Whole Grain Waffles *Unflavored Whole/ Skim Milk <u>Lunch</u> Beef Tacos w/Tomatoes Shredded Cheese & Lettuce Whole Grain Tortilla Wrap Applesauce Cooked Corn *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Educational Crackers Peaches Water	<u>22</u> <u>Breakfast</u> Whole Grain Life Cereal Diced Pears *Unflavored Whole/ Skim Milk <u>Lunch</u> Fajita Chicken Salad Carrots/ **Mixed Vegetables Whole Grain Crackers Fresh Apples *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Soft Pretzels Oranges Water	<u>23</u> <u>Breakfast</u> Whole Grain Cheerios Bananas *Unflavored Whole/ Skim Milk <u>Lunch</u> Chicken in White Cheese Sauce & Pasta Tossed Salad w/Dressing ** Corn Pears *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Cinnamon Crisp Crackers Apple Juice



January 2026

Daily Menu



<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<p><u>26</u> <u>Breakfast</u> Whole Grain Kix Mixed Fruit *Unflavored Whole/ Skim Milk</p> <p><u>Lunch</u> Turkey Cubes & Cheese Slices Carrots/ **Green Beans Mandarin Oranges Whole Grain Crackers *Unflavored Whole/ Skim Milk</p> <p><u>Snack</u> Whole Grain Cheese It Crackers Cheese Slices Water</p>	<p><u>27</u> <u>Breakfast</u> Toasted Whole Wheat Bread Applesauce *Unflavored Whole/ Skim Milk</p> <p><u>Lunch</u> Fajita Chicken w/Pepper & Onions, Rice Peas Oranges Whole Grain Tortilla Wrap *Unflavored Whole/ Skim Milk</p> <p><u>Snack</u> Whole Grain Cinnamon Crisp Crackers Apple Juice</p>	<p><u>28</u> <u>Breakfast</u> Whole Grain Cheerios Apples *Unflavored Whole/ Skim Milk</p> <p><u>Lunch</u> Baked Beans w/Ham Tossed Salad w/Dressing **Peas Applesauce Whole Grain Crackers *Unflavored Whole/ Skim Milk</p> <p><u>Snack</u> Whole Grain Ritz Crackers w/Soy Butter Water</p>	<p><u>29</u> <u>Breakfast</u> Whole Grain English Muffins Orange Juice *Unflavored Whole/ Skim Milk</p> <p><u>Lunch</u> Beef A Roni Topped w/Cheese Mixed Vegetables Whole Grain Dinner Rolls Fresh Apples *Unflavored Whole/ Skim Milk</p> <p><u>Snack</u> Whole Grain Blueberry Lemon Crisp Cracker Water</p>	<p><u>30</u> <u>Breakfast</u> Diced Pears Whole Grain Waffles *Unflavored Whole/ Skim Milk</p> <p><u>Lunch</u> Homemade Meatballs In Sauce Four Bean Salad Butter Wide Egg Noodles Mixed Fruit *Unflavored Whole/ Skim Milk</p> <p><u>Snack</u> Whole Grain Hard Pretzels Peaches Water</p>