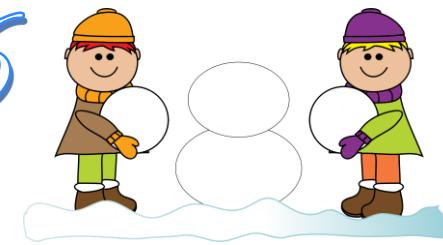




# January 2026

## Daily Menu

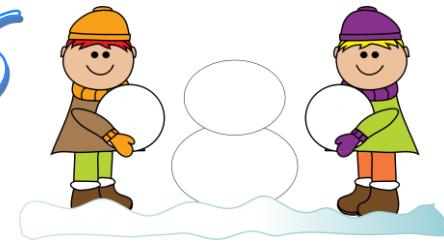


Monday	Tuesday	Wednesday	Thursday	Friday
			<p><b>1</b> ALL LVCC CENTERS ARE CLOSED</p>	<p><b>2</b> <b>Breakfast</b> Whole Grain Corn Chex Mixed Fruit *Unflavored Whole/ Skim Milk</p> <p><b>Lunch</b> Chicken w/Diced Tomato &amp; Rice Peas Sliced Apples *Unflavored Whole/ Skim Milk</p> <p><b>Snack</b> Whole Grain Animal Crackers Cheese Slices Water</p>
<p><b>5</b> <b>Breakfast</b> 100% Orange Juice 100% Whole Wheat Bread *Unflavored Whole/ Skim Milk</p> <p><b>Lunch</b> Make Your Own Ham &amp; Cheese Wraps Carrots/ **Peas Whole Grain Tortilla Wraps Pineapple *Unflavored Whole/ Skim Milk</p> <p><b>Snack</b> Applesauce Whole Grain Blueberry Lemon Crisp Cracker Water</p>	<p><b>6</b> <b>Breakfast</b> Bananas Whole Grain Rice Krispies *Unflavored Whole/ Skim Milk</p> <p><b>Lunch</b> Chili w/Ground Beef Kidney Beans &amp; Rice Cooked Peas Bananas *Unflavored Whole/ Skim Milk</p> <p><b>Snack</b> Whole Grain Goldfish Crackers Applesauce Water</p>	<p><b>7</b> <b>Breakfast</b> Whole Grain English Muffins Bananas *Unflavored Whole/ Skim Milk</p> <p><b>Lunch</b> Macaroni &amp; Cheese Tossed Salad w/Dressing **Carrots Whole Grain Crackers *Unflavored Whole/ Skim Milk</p> <p><b>Snack</b> Whole Grain Animal Crackers Oranges Water</p>	<p><b>8</b> <b>Breakfast</b> Whole Grain Life Cereal Oranges *Unflavored Whole/ Skim Milk</p> <p><b>Lunch</b> Turkey Cubes &amp; Cheese Slices Celery/ **Green Beans Apples Whole Grain Crackers *Unflavored Whole/ Skim Milk</p> <p><b>Snack</b> Whole Grain Cheese It Crackers Cheese Slices Water</p>	<p><b>9</b> <b>Breakfast</b> Applesauce Whole Grain Pancakes *Unflavored Whole/ Skim Milk</p> <p><b>Lunch</b> Ground Beef w/Pasta Green Beans Whole Wheat Dinner Rolls Pears *Unflavored Whole/ Skim Milk</p> <p><b>Snack</b> Whole Grain Graham Crackers w/Soy Butter Water</p>



# January 2026

## Daily Menu

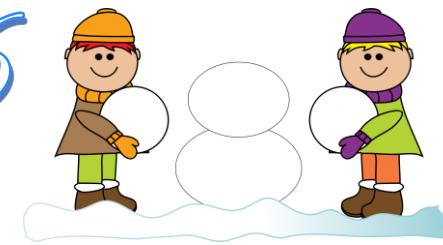


Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>12</b> <b>Breakfast</b>            Whole Grain Cheerios            Bananas            *Unflavored Whole/ Skim Milk</p> <p><b>Lunch</b>            Make Your Own            Ham &amp; Cheese Wraps            Carrots/ **Peas            Whole Grain Tortilla Wraps            Mixed Fruit            *Unflavored Whole/ Skim Milk</p> <p><b>Snack</b>            Whole Grain            Tostado Chips            With Shredded Cheese            Water</p>	<p><b>13</b> <b>Breakfast</b>            Diced Pears            Whole Grain Bagels            *Unflavored Whole/ Skim Milk</p> <p><b>Lunch</b>            Egg Patty w/Cheese on a            Whole Grain English Muffin            Diced Potatoes            Bananas            *Unflavored Whole/ Skim Milk</p> <p><b>Snack</b>            Whole Grain            Educational Crackers            Cheese Slices            Water</p>	<p><b>14</b> <b>Breakfast</b>            100% Orange Juice            Whole Grain Pancakes            *Unflavored Whole/ Skim Milk</p> <p><b>Lunch</b>            Seasoned Pulled Pork            Tossed Salad w/Dressing            **Carrots            Seasoned Rice            Applesauce            *Unflavored Whole/ Skim Milk</p> <p><b>Snack</b>            Whole Grain            Blueberry Lemon Crisp Cracker            Oranges            Water</p>	<p><b>15</b> <b>Breakfast</b>            Bananas            Whole Grain Corn Chex            *Unflavored Whole/ Skim Milk</p> <p><b>Lunch</b>            Pulled Chicken Barbecue            on a Whole Wheat Bun            Cooked Carrots            Sliced Apples            *Unflavored Whole/ Skim Milk</p> <p><b>Snack</b>            Whole Grain            Hard Pretzels            Apples            Water</p>	<p><b>16</b> <b>Breakfast</b>            100% Orange Juice            Whole Grain Corn Flakes            *Unflavored Whole/ Skim Milk</p> <p><b>Lunch</b>            Turkey Cubes and            Cheese Slices            Red Beets            Oranges            Whole Wheat Dinner Rolls            *Unflavored Whole/ Skim Milk</p> <p><b>Snack</b>            Whole Grain            Graham Crackers            Bananas            Water</p>
<p><b>19</b> <b>Breakfast</b>            Applesauce            Whole Grain            French Toast Sticks            *Unflavored Whole/ Skim Milk</p> <p><b>Lunch</b>            Make Your Own            Ham &amp; Cheese Wraps            Carrots/ **Green Beans            Peaches            Whole Grain Tortilla Wraps            *Unflavored Whole/ Skim Milk</p> <p><b>Snack</b>            Whole Grain            Ritz Crackers            w/Soy Butter            Water</p>	<p><b>20</b> <b>Breakfast</b>            Whole Grain Kix Cereal            Mixed Fruit            *Unflavored Whole/ Skim Milk</p> <p><b>Lunch</b>            Scrambled Eggs w/Cheese            Diced Potatoes            Pancakes            Apples            *Unflavored Whole/ Skim Milk</p> <p><b>Snack</b>            Applesauce            Whole Grain            Goldfish Crackers            Water</p>	<p><b>21</b> <b>Breakfast</b>            Orange Juice            Whole Grain Waffles            *Unflavored Whole/ Skim Milk</p> <p><b>Lunch</b>            Beef Tacos w/Tomatoes            Shredded Cheese &amp; Lettuce            Whole Grain Tortilla Wrap            Applesauce            Cooked Corn            *Unflavored Whole/ Skim Milk</p> <p><b>Snack</b>            Whole Grain            Educational Crackers            Peaches            Water</p>	<p><b>22</b> <b>Breakfast</b>            Whole Grain Life Cereal            Diced Pears            *Unflavored Whole/ Skim Milk</p> <p><b>Lunch</b>            Fajita Chicken Salad            Carrots/ **Mixed Vegetables            Whole Grain Crackers            Fresh Apples            *Unflavored Whole/ Skim Milk</p> <p><b>Snack</b>            Whole Grain            Soft Pretzels            Oranges            Water</p>	<p><b>23</b> <b>Breakfast</b>            Whole Grain Cheerios            Bananas            *Unflavored Whole/ Skim Milk</p> <p><b>Lunch</b>            Chicken in            White Cheese Sauce &amp; Pasta            Tossed Salad w/Dressing            ** Corn            Pears            *Unflavored Whole/ Skim Milk</p> <p><b>Snack</b>            Whole Grain            Cinnamon Crisp Crackers            Apple Juice</p>



# January 2026

## Daily Menu



<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<b>26</b> <b>Breakfast</b> Whole Grain Kix Mixed Fruit *Unflavored Whole/ Skim Milk  <b>Lunch</b> Turkey Cubes & Cheese Slices Carrots/ **Green Beans Mandarin Oranges Whole Grain Crackers *Unflavored Whole/ Skim Milk  <b>Snack</b> Whole Grain Cheese It Crackers Cheese Slices Water	<b>27</b> <b>Breakfast</b> Toasted Whole Wheat Bread Applesauce *Unflavored Whole/ Skim Milk  <b>Lunch</b> Fajita Chicken w/Pepper & Onions, Rice Peas Oranges Whole Grain Tortilla Wrap *Unflavored Whole/ Skim Milk  <b>Snack</b> Whole Grain Cinnamon Crisp Crackers Apple Juice	<b>28</b> <b>Breakfast</b> Whole Grain Cheerios Apples *Unflavored Whole/ Skim Milk  <b>Lunch</b> Baked Beans w/Ham Tossed Salad w/Dressing **Peas Applesauce Whole Grain Crackers *Unflavored Whole/ Skim Milk  <b>Snack</b> Whole Grain Ritz Crackers w/Soy Butter Water	<b>29</b> <b>Breakfast</b> Whole Grain English Muffins Orange Juice *Unflavored Whole/ Skim Milk  <b>Lunch</b> Beef A Roni Topped w/Cheese Mixed Vegetables Whole Grain Dinner Rolls Fresh Apples *Unflavored Whole/ Skim Milk  <b>Snack</b> Whole Grain Blueberry Lemon Crisp Cracker Water	<b>30</b> <b>Breakfast</b> Diced Pears Whole Grain Waffles *Unflavored Whole/ Skim Milk  <b>Lunch</b> Homemade Meatballs In Sauce Four Bean Salad Butter Wide Egg Noodles Mixed Fruit *Unflavored Whole/ Skim Milk  <b>Snack</b> Whole Grain Hard Pretzels Peaches Water