



May 2025

Daily Menu



<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
			1 <u>Breakfast</u> 100% Orange Juice 100% Whole Wheat Bread w/Cream Cheese *Unflavored Whole/ Skim Milk <u>Lunch</u> Make Your Own Turkey & Cheese Sandwiches Celery **Peas Whole Wheat Hamburger Buns Peaches *Unflavored Whole/ Skim Milk <u>Snack</u> Sliced Apples Whole Grain Blueberry Lemon Crisp Cracker Water	2 <u>Breakfast</u> Applesauce Whole Grain English Muffin *Unflavored Whole/ Skim Milk <u>Lunch</u> Chili w/Ground Beef, Kidney Beans & Rice Cooked Corn Mixed Fruit *Unflavored Whole/ Skim Milk <u>Snack</u> Soy Butter on Whole Grain Ritz Crackers Water
5 <u>Breakfast</u> Bananas Whole Grain Corn Chex *Unflavored Whole/ Skim Milk <u>Lunch</u> Make Your Own Turkey & Cheese Wraps Red Beets Whole Grain Tortilla Wraps Sliced Apples *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Maple Crackers Apples Water	6 <u>Breakfast</u> 100% Orange Juice Whole Grain Pancakes *Unflavored Whole/ Skim Milk <u>Lunch</u> Ground Beef w/Pasta Tossed Salad w/Dressing **Carrots Whole Wheat Dinner Rolls Apples *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Graham Crackers Bananas Water	7 <u>Breakfast</u> Whole Grain Kix Cereal Mixed Fruit *Unflavored Whole/ Skim Milk <u>Lunch</u> Chicken Stew w/Mixed Vegetables Soy Butter Peaches Whole Grain Crackers *Unflavored Whole/ Skim Milk <u>Snack</u> Applesauce Whole Grain Goldfish Crackers Water	8 <u>Breakfast</u> 100% Orange Juice Whole Grain Waffles *Unflavored Whole/ Skim Milk <u>Lunch</u> Make Your Own Ham & Cheese Wraps Whole Grain Tortilla Wraps Baked Beans Pears *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Wheat Hard Pretzels Peaches Water	9 <u>Breakfast</u> Diced Pears Whole Grain Bagels *Unflavored Whole/ Skim Milk <u>Lunch</u> Egg Patty w/Cheese on a Whole Grain English Muffin Diced Potatoes Applesauce *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Educational Crackers Cheese Slices Water



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<u>12</u> <u>Breakfast</u> Whole Grain Life Cereal Oranges *Unflavored Whole/ Skim Milk <u>Lunch</u> Soy Pockets **Cheese Sandwiches String Cheese Carrots **Mixed Vegetables Peaches *Unflavored Whole/ Skim Milk <u>Snack</u> String Cheese Peaches Water	<u>13</u> <u>Breakfast</u> Diced Pears Whole Grain Waffles *Unflavored Whole/ Skim Milk <u>Lunch</u> Beef Vegetable Stew w/Pasta Cheese Slices Fresh Apples *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Maple Crackers Peaches Water	<u>14</u> <u>Breakfast</u> Whole Grain Cheerios Peaches *Unflavored Whole/ Skim Milk <u>Lunch</u> Make Your Own Turkey & Cheese Wraps Carrots/ ** Green Beans Whole Grain Tortilla Wraps Peaches *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Goldfish Crackers Oranges Water	<u>15</u> <u>Breakfast</u> Whole Grain Rice Krispies Oranges *Unflavored Whole/ Skim Milk <u>Lunch</u> Yogurt Celery **Corn Whole Grain Crackers Soy Butter/Sliced Apples *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Cinnamon Crisp Bites Applesauce Water	<u>16</u> <u>Breakfast</u> Apple Juice Whole Grain Corn Flakes *Unflavored Whole/ Skim Milk <u>Lunch</u> Chicken w/Diced Tomato & Rice Tossed Salad w/Dressing **Carrots Peaches *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Ritz Crackers Cheese Slices Water
<u>19</u> <u>Breakfast</u> Whole Grain Chex Mixed Fruit *Unflavored Whole/ Skim Milk <u>Lunch</u> Make Your Own Turkey & Cheese Wraps Carrots/ ** Green Beans Whole Grain Tortilla Wraps Peaches *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Graham Crackers Applesauce Water	<u>20</u> <u>Breakfast</u> Applesauce Whole Grain French Toast Sticks *Unflavored Whole/ Skim Milk <u>Lunch</u> Fajita Chicken w/ Pepper, Onion & Rice Cooked Carrots Whole Wheat Dinner Rolls Oranges *Unflavored Whole/ Skim Milk <u>Snack</u> Apples Whole Grain Ritz Crackers Water	<u>21</u> <u>Breakfast</u> Diced Pears Whole Grain Waffles *Unflavored Whole/ Skim Milk <u>Lunch</u> Beef Taco Meat w/Tomatoes Shredded Cheese & Lettuce Whole Grain Tortilla Wrap Sliced Apples Cooked Corn *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Maple Crackers Peaches Water	<u>22</u> <u>Breakfast</u> Whole Grain Cheerios Peaches *Unflavored Whole/ Skim Milk <u>Lunch</u> Tuna Salad Celery **Corn Applesauce Whole Grain Crackers *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Soft Pretzel Sticks Applesauce Water	<u>23</u> <u>Breakfast</u> Bananas Whole Grain Corn Chex *Unflavored Whole/ Skim Milk <u>Lunch</u> Chicken & Pasta in a White Cheese Sauce Peas Sliced Apples *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Graham Crackers w/Soy Butter Water



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<u>26</u> <div style="text-align: center;">ALL LVCC CENTERS ARE CLOSED</div>	<u>27</u> <u>Breakfast</u> Bananas Whole Grain Rice Krispies *Unflavored Whole/ Skim Milk <u>Lunch</u> Make Your Own Turkey & Cheese Wraps Carrots/ **Green Beans Whole Grain Tortilla Wraps Peaches *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Educational Crackers Peaches Water	<u>28</u> <u>Breakfast</u> Whole Grain English Muffins Bananas *Unflavored Whole/ Skim Milk <u>Lunch</u> Pulled Pork Tossed Salad w/Dressing **Carrots Seasoned Rice Applesauce *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Animal Crackers Applesauce Water	<u>29</u> <u>Breakfast</u> Whole Grain Life Cereal Oranges *Unflavored Whole/ Skim Milk <u>Lunch</u> Make Your Own Ham & Cheese Wraps Carrots/ **Green Beans Oranges Whole Grain Tortilla Wraps *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Cheese It Crackers Cheese Slices Water	<u>30</u> <u>Breakfast</u> 100% Orange Juice Whole Grain Pancakes *Unflavored Whole/ Skim Milk <u>Lunch</u> Ground Beef w/Pasta Three Bean Salad Whole Wheat Dinner Rolls Peaches *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Graham Crackers w/Soy Butter Water