



November 2024

Pre-K Counts AM Snack Menu



<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
				<u>1</u> 100% Whole Grain Bagels w/Cream Cheese Unflavored Skim Milk
<u>4</u> Whole Grain Blueberry/Lemon Crackers Applesauce Cups	<u>5</u> Whole Grain Ritz Crackers Cheese Slices	<u>6</u> Whole Grain Graham Crackers Unflavored Skim Milk	<u>7</u> Cheese Slices Apples Water	<u>8</u> Whole Grain Educational Crackers Unflavored Skim Milk

NOVEMBER 5—NO PKC CLASSES FOR—CAMPUS—FOWLER—MONOCACY—SOUTH MOUNTAIN—ELC—WALNUT—UNION BOULEVARD—HAYS—ALLEN—SPRING GARDEN



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<u>11</u> Whole Grain Ritz Crackers Cheese Slices	<u>12</u> Whole Grain Goldfish Crackers Unflavored Skim Milk	<u>13</u> Whole Grain Animal Crackers Unflavored Skim Milk	<u>14</u> Whole Grain Graham Crackers Orange Wedges Water	<u>15</u> String Cheese Mixed Fruit Cups Water
<u>18</u> Whole Grain Maple Graham Bites Unflavored Skim Milk	<u>19</u> Whole Grain Cinnamon Crisp Crackers Unflavored Skim Milk	<u>20</u> Whole Grain Cornbread Muffins Unflavored Skim Milk	<u>21</u> Whole Grain Blueberry/Lemon Crackers Applesauce Cups	<u>22</u> Whole Grain Ritz Crackers Grapes Water

NOVEMBER 11—NO PKC CLASSES FOR FAIRMONT ONLY



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<u>25</u> Whole Wheat Hard Pretzels Unflavored Skim Milk	<u>26</u> Whole Grain Cheese It Crackers Unflavored Skim Milk	<u>27</u> Yogurt String Cheese	<u>28</u> ALL LVCC CENTERS ARE CLOSED	<u>29</u> ALL LVCC CENTERS ARE CLOSED

NOVEMBER 27—NO PKC CLASSES FOR—CAMPUS—FOWLER—MONOCACY—SOUTH MOUNTAIN—ELC—WALNUT—UNION BOULEVARD—HAYS—ALLEN—SPRING GARDEN—PALMETON—FAIRMONT

NOVEMBER 28 & 29—ALL LVCC CENTERS ARE CLOSED