



October 2024

Pre-K Counts AM Snack Menu



<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
	<u>1</u> Whole Grain Cinnamon Crisp Crackers Unflavored Skim Milk	<u>2</u> Whole Grain Tostado Chips w/Salsa Unflavored Skim Milk	<u>3</u> Whole Grain Ritz Crackers Cheese Slices	<u>4</u> 100% Whole Grain Bagels w/Cream Cheese Unflavored Skim Milk
<u>7</u> Whole Grain Blueberry/Lemon Crackers Applesauce Cups	<u>8</u> Whole Grain Ritz Crackers Cheese Slices	<u>9</u> Whole Grain Graham Crackers Unflavored Skim Milk	<u>10</u> Cheese Slices Apples Water	<u>11</u> Whole Grain Educational Crackers Unflavored Skim Milk



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<u>14</u> NO PKC CLASSES	<u>15</u> Whole Grain Goldfish Crackers Unflavored Skim Milk	<u>16</u> Whole Grain Animal Crackers Unflavored Skim Milk	<u>17</u> Whole Grain Graham Crackers Orange Wedges Water	<u>18</u> String Cheese Mixed Fruit Cups Water
<u>21</u> Whole Grain Maple Graham Bites Unflavored Skim Milk	<u>22</u> Whole Grain Cinnamon Crisp Crackers Unflavored Skim Milk	<u>23</u> Whole Grain Cornbread Muffins Unflavored Skim Milk	<u>24</u> Whole Grain Blueberry/Lemon Crackers Applesauce Cups	<u>25</u> Whole Grain Ritz Crackers Grapes Water
OCTOBER 14—NO PKC CLASSES				



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<u>28</u> Whole Wheat Hard Pretzels Unflavored Skim Milk	<u>29</u> Whole Grain Cheese It Crackers Unflavored Skim Milk	<u>30</u> Yogurt String Cheese	<u>31</u> Whole Grain Blueberry Mini Loaves Unflavored Skim Milk	