

October 2026



Pre-K Counts AM Snack Menu



<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
			<u>1</u> Whole Grain Carrot Muffins Unflavored Whole Milk	<u>2</u> Whole Grain Ritz Crackers Cheese Slices Water
<u>5</u> Whole Grain Blueberry/Lemon Crisp Crackers Applesauce Cups Water	<u>6</u> Whole Grain Goldfish Crackers Unflavored Whole Milk Water	<u>7</u> Whole Grain Graham Crackers Unflavored Whole Milk	<u>8</u> Whole Grain Animal Crackers Unflavored Whole Milk	<u>9</u> String Cheese Applesauce Cups Water
OCTOBER 9—No Classes for Palmerton Center Only				

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<u>12</u> Hard Pretzels Apples Water	<u>13</u> Whole Grain Carrot Muffins Unflavored Whole Milk	<u>14</u> Whole Grain Ritz Crackers Oranges Water	<u>15</u> Educational Crackers Cheese Slices Water	<u>16</u> Whole Grain Blueberry/Lemon Crisp Crackers Applesauce Cups Water
<u>19</u> Whole Grain Cinnamon Crisp Crackers Unflavored Whole Milk	<u>20</u> Whole Grain Graham Crackers Unflavored Whole Milk	<u>21</u> Whole Grain Cheese It Crackers Unflavored Whole Milk	<u>22</u> Tostado Chips w/Salsa Unflavored Whole Milk	<u>23</u> Whole Grain Goldfish Crackers Unflavored Whole Milk
OCTOBER 12—NO CLASSES FOR—SOUTH MOUNTAIN—ELC—UNION—WALNUT—ALLEN—SPRING—PARK				
OCTOBER 14—NO CLASSES FOR CAMPUS—FOWLER				

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<u>26</u> Apples w/Soy Butter Water	<u>27</u> String Cheese Orange Wedges Water	<u>28</u> Whole Grain Maple Graham Bites Unflavored Whole Milk	<u>29</u> Whole Grain Animal Crackers Unflavored Whole Milk	<u>30</u> Whole Grain Blueberry Mini Loaf Unflavored Whole Milk
OCTOBER 26—NO CLASSES FOR—CAMPUS—FOWLER—SPRING				
OCTOBER 27—NO CLASSES FOR—CAMPUS—FOWLER—SPRING				