



January 2026

School-Age Daily Menu



| <u>Monday</u> | <u>Tuesday</u> | <u>Wednesday</u> | <u>Thursday</u> | <u>Friday</u> |
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| | | | <u>1</u> ALL LVCC CENTERS ARE CLOSED | <u>2</u> <u>Breakfast</u> Whole Grain Corn Chex Banana Unflavored Skim Milk <u>Snack</u> Whole Wheat Animal Crackers Mandarin Oranges Water |
| <u>5</u> <u>Breakfast</u> Whole Grain Raisin Bread Fresh Apples Unflavored Skim Milk <u>Snack</u> Whole Wheat Ritz Crackers Fresh Oranges Water | <u>6</u> <u>Breakfast</u> Rice Krispies Sliced Peaches Unflavored Skim Milk <u>Snack</u> Whole Grain Corn Muffins Fresh Apples Water | <u>7</u> <u>Breakfast</u> Whole Grain Kix Cereal Mixed Fruit Unflavored Skim Milk <u>Snack</u> Whole Grain Goldfish Crackers Applesauce Water | <u>8</u> <u>Breakfast</u> Whole Grain Cheerios Applesauce Unflavored Skim Milk <u>Snack</u> Whole Wheat Graham Crackers Pears Water | <u>9</u> <u>Breakfast</u> Whole Grain French Toast Sticks Diced Pears Unflavored Skim Milk <u>Snack</u> Whole Grain Soft Pretzel Rods **2 Per Child** Cheese Dip Water |



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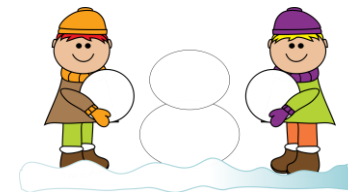


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| <p><u>12</u> <u>Breakfast</u> Whole Grain Pancakes Apples Unflavored Skim Milk</p> <p><u>Snack</u> Whole Grain Ritz Crackers Soy Butter Water</p> | <p><u>13</u> <u>Breakfast</u> Whole Grain Waffles w/Syrup Applesauce Unflavored Skim Milk</p> <p><u>Snack</u> Whole Wheat Animal Crackers Mandarin Oranges Water</p> | <p><u>14</u> <u>Breakfast</u> Whole Grain Corn Chex Banana Unflavored Skim Milk</p> <p><u>Snack</u> Fresh Carrot Sticks Dipped Soy Butter Water</p> | <p><u>15</u> <u>Breakfast</u> Whole Grain Kix Cereal Peaches Unflavored Skim Milk</p> <p><u>Snack</u> Whole Grain Blueberry Mini Loaf Bananas Water</p> | <p><u>16</u> <u>Breakfast</u> Rice Krispie Cereal Orange Wedges Unflavored Skim Milk</p> <p><u>Snack</u> Whole Grain Goldfish Crackers Applesauce Water</p> |
| <p><u>19</u> <u>Breakfast</u> Whole Grain French Toast Sticks Applesauce Unflavored Skim Milk</p> <p><u>Snack</u> Whole Grain Blueberry Lemon Crisp Sliced Peaches Water</p> | <p><u>20</u> <u>Breakfast</u> Whole Grain Cheerios Diced Pears Unflavored Skim Milk</p> <p><u>Snack</u> Whole Grain Tostado Chips w/Shredded Cheese Water</p> | <p><u>21</u> <u>Breakfast</u> Whole Wheat Bagel w/Cream Cheese 100% Pineapple Juice Unflavored Skim Milk</p> <p><u>Snack</u> Whole Grain Animal Crackers Cheese Sticks Water</p> | <p><u>22</u> <u>Breakfast</u> Whole Grain Life Cereal Mixed Fruit Unflavored Skim Milk</p> <p><u>Snack</u> Whole Grain Ritz Crackers Fresh Oranges Water</p> | <p><u>23</u> <u>Breakfast</u> Whole Wheat Bread 100% Orange Juice Unflavored Skim Milk</p> <p><u>Snack</u> Whole Grain Goldfish Crackers Applesauce Water</p> |



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| <p>26 <u>Breakfast</u> Whole Grain Pancake Fresh Apple Unflavored Skim Milk</p> <p><u>Snack</u> Whole Wheat Hard Pretzels Diced Pears Water</p> | <p>27 <u>Breakfast</u> 100% Whole Wheat Bagel w/Cream Cheese 100% Pineapple Juice Unflavored Skim Milk</p> <p><u>Snack</u> Whole Wheat Animal Crackers Cheese Sticks Water</p> | <p>28 <u>Breakfast</u> Whole Grain Life Cereal Mixed Fruit Unflavored Skim Milk</p> <p><u>Snack</u> Whole Grain Ritz Crackers Fresh Oranges Water</p> | <p>29 <u>Breakfast</u> Whole Grain French Toast Sticks Applesauce Unflavored Skim Milk</p> <p><u>Snack</u> Whole Grain Blueberry Lemon Crisp Sliced Peaches Water</p> | <p>30 <u>Breakfast</u> Whole Grain Waffle w/Syrup Peaches Unflavored Skim Milk</p> <p><u>Snack</u> Whole Grain Cheese It Crackers Mandarin Oranges Water</p> |
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