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Monday	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
3 <u>Breakfast</u> Whole Grain Corn Chex Banana Unflavored Skim Milk	<u>4</u> <u>Breakfast</u> Whole Grain Raisin Bread Fresh Apples Unflavored Skim Milk	5 <u>Breakfast</u> Rice Krispies Sliced Peaches Unflavored Skim Milk	<u>6</u> <u>Breakfast</u> Whole Grain Kix Cereal Mixed Fruit Unflavored Skim Milk	7 <u>Breakfast</u> Whole Grain Cheerios Applesauce Unflavored Skim Milk
<u>Snack</u> Whole Wheat Animal Crackers Mandarin Oranges Water	<u>Snack</u> Whole Grain Ritz Crackers Fresh Oranges Water	<u>Snack</u> Whole Grain Corn Muffins Fresh Apples Water	<u>Snack</u> Whole Grain Goldfish Crackers Applesauce Water	<u>Snack</u> Whole Wheat Graham Crackers Pears Water
<u>10</u> <u>Breakfast</u>	11 Breakfast	12 Breakfast	13 Breakfast	14 Breakfast
Corn Flakes Diced Pears Unflavored Skim Milk	Whole Grain Pancakes Bananas Unflavored Skim Milk	Whole Grain Waffles w/Syrup Applesauce Unflavored Skim Milk	Whole Grain Corn Chex Banana Unflavored Skim Milk	Whole Grain Kix Cereal Peaches Unflavored Skim Milk
Snack Whole Grain Soft Pretzel Rods **2 Per Child** Cheese Dip Water	<u>Snack</u> Whole Grain Ritz Crackers Soy Butter Raisins Water	<u>Snack</u> Whole Wheat Animal Crackers Mandarin Oranges Water	<u>Snack</u> Fresh Carrot Sticks Dipped Soy Butter Water	<u>Snack</u> Whole Grain Blueberry Mini Loaves Bananas Water



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<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
18 Breakfast Whole Grain French Toast Sticks Applesauce Unflavored Skim Milk	<u>19</u> <u>Breakfast</u> Whole Grain Cheerios Diced Pears Unflavored Skim Milk	20 Breakfast 100% Whole Wheat Bagel w/Cream Cheese 100% Pineapple Juice Unflavored Skim Milk	21 <u>Breakfast</u> Whole Grain Life Cereal Mixed Fruit Unflavored Skim Milk
<u>Snack</u> Whole Grain Blueberry Lemon Crisp Sliced Peaches Water	<u>Snack</u> Yogurt Whole Grain Maple Bites Water	<u>Snack</u> Whole Grain Animal Crackers Cheese Sticks Water	<u>Snack</u> WG Ritz Crackers Fresh Oranges Water
25 Breakfast Whole Grain Pancake Fresh Apple Unflavored Skim Milk	26 Breakfast 100% Whole Wheat Bagel w/Cream Cheese 100% Pineapple Juice	27 <u>Breakfast</u> Whole Grain Life Cereal Mixed Fruit Unflavored Skim Milk	28 Breakfast Whole Grain French Toast Sticks Applesauce Unflavored Skim Milk
<u>Snack</u> Whole Wheat Hard Pretzels Diced Pears Water	Sinavored Skill Milk Sinavored Skill Milk Whole Grain Animal Crackers Cheese Sticks Water	<u>Snack</u> Whole Grain Ritz Crackers Fresh Oranges Water	Sinavored Skini Milk Sinack Whole Grain Blueberry Lemon Crisp Sliced Peaches Water
	Tuesday 18 Breakfast Whole Grain French Toast Sticks Applesauce Unflavored Skim Milk Snack Whole Grain Blueberry Lemon Crisp Sliced Peaches Water 25 Breakfast Whole Grain Pancake Fresh Apple Unflavored Skim Milk Snack Whole Grain Pancake Fresh Apple Unflavored Skim Milk Snack Whole Wheat Hard Pretzels Diced Pears	TuesdayWednesday18Breakfast19BreakfastWhole Grain French Toast Sticks Applesauce Unflavored Skim Milk19BreakfastSnack Whole Grain Blueberry Lemon Crisp Sliced Peaches WaterSnack Yogurt Whole Grain Maple Bites Water25Breakfast Whole Grain Pancake Fresh Apple Unflavored Skim Milk26Breakfast Whole Grain Pancake Fresh Apple Unflavored Skim Milk100% Whole Wheat Bagel w/Cream Cheese 100% Pineapple Juice Unflavored Skim MilkSnack Whole Wheat Hard Pretzels Diced PearsSnack Mole Grain Animal Crackers Cheese Sticks	TuesdayWednesdayThursday18Breakfast19Breakfast10% BreakfastWhole Grain French Toast Sticks Applesauce Unflavored Skim Milk19Breakfast100% Whole Wheat Bagel w/Cream Cheese Unflavored Skim MilkSnack Whole Grain Blueberry Lemon Crisp Sliced Peaches WaterSnack Yogurt Whole Grain Maple Bites WaterSnack Yogurt Whole Grain Maple Bites WaterSnack Whole Grain Animal Crackers Cheese Sticks WaterSnack Whole Grain Animal Crackers Cheese Sticks Water25Breakfast Whole Grain Pancake Fresh Apple Unflavored Skim Milk26Breakfast Yogurt Whole Wheat Bagel w/Cream Cheese 100% Whole Wheat Bagel w/Cream Cheese 100% Pineapple Juice Unflavored Skim Milk27Breakfast Whole Grain Life Cereal Mixed Fruit Unflavored Skim MilkSnack Whole Wheat Hard Pretzels Diced PearsSnack Whole Grain Animal Crackers Cheese SticksSnack Whole Grain Animal Crackers Cheese SticksSnack Whole Grain Ritz Crackers Fresh Oranges



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Mondou	Tuocdov	Wednesday	Thursday	Friday
Monday	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
31 Breakfast				
Whole Grain Waffle w/Syrup				
Peaches				
Unflavored Skim Milk				
<u>Snack</u>				
Whole Grain Cheese It Crackers				
Mandarin Oranges				
Water				